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## GOOD TUCKER ALL ROUND

FRUIT & VEGETABLE DELIVERY

### Registration Form

All questions must be answered to the best of your knowledge.



Name:

Date of Birth:

Are you;

Aboriginal

Torres Strait Islander

Both

Neither

Phone Number:

Address:

Number of people living at this address:

How many serves of fruit and vegetable do you eat daily?  
Do you know what the recommended fruit and vegetable daily  
intake is?

What factors affect your nutrition?

please tick

yes

no

Difficulty getting to and from the shops?

Difficulty lifting or carrying produce?

Affording enough healthy food?

Knowing what is healthy?

Knowing how to cook healthy cost effective meals?

Have you had an Aboriginal Health check?

What conditions have you been diagnosed with?

Which health services do you use?

Have there been times in the past 12 months when you did not have  
enough money to buy food that you or your family needed?

please tick

Have you read and signed the new Terms and Conditions of our  
Good Tucker Delivery Service?

Please sign

Date:

Please type your name here.

SEND / SUBMIT

**EAT GOOD TUCKER  
LIVE LONGER!**

Tharawal Aboriginal Corporation - 187 Riverside Drive, Airds NSW 2560  
02 4628 4837 - [www.tacams.com.au](http://www.tacams.com.au) - *Your Health. Our Commitment*