

*"Your Health,
Our Commitment"
We care for You*



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myagedcare

Commonwealth Home Support Programme

1800 200 422



COMMONWEALTH HOME SUPPORT PROGRAM



Australian Government
Department of Social Services



CHSP aim is to help you stay living in your own home for as long as you can or wish to do so.

My Aged Care
helps you find the information
you need about aged
care services.

This can be as simple as calling the My Aged Care contact centre on 1800 200 422 or logging onto www.myagedcare.gov.au. My Aged Care provides you with information about:

- The different types of aged care services
- Eligibility for services
- How we understand your aged care needs and help you find local services to meet your needs - you are able to select your own service provider
- The cost of your aged care services, including fee estimators.

Social Support Group Activities

Community Kitchen
Good Tucker
Community Garden
Aqua Aerobics
Lyrebird Exercise Group
Special Occasions

To perform these activities, the contact centre will seek your consent to create a personalised client record. This will hold up to date information on your needs and any services you receive. The client record will reduce the need for you to retell your story to the contact centre, assessors and service providers.

Social support services can help you to maintain an active social life by having someone visit you in your home, or by arranging visits and outings in the community. Social support and activities can help you find a place where you feel supported and can help prevent loneliness and isolation.

Social Support Individual

- Accompanied Activities e.g Shopping
- Telephone/Web Contact
- Visiting

Help frail people living in the community to maximise independence